



LUNCH MENU

Daily Specials (Monday)

Carrot and Coriander Soup *served with Moorings brown bread* €4.95

Moorings Seafood Chowder *served with Moorings brown bread* €7.95

Roast stuffed Turkey and Ham *with gravy and cranberry sauce* €10.95

Braised Beef *with sautéed onions and pepper sauce* €10.95

Chicken Kiev *breaded chicken breast, stuffed with garlic butter* €10.95

Hot Cajun Prawn Salad *with spicy mayo, chips or brown bread* €11.95

Fresh and Smoked Salmon Fishcakes *with white wine and dill cream sauce* €10.95

Smoked Chicken Tagliatelle *with mushroom and sweetcorn in a garlic cream sauce* €10.95

Chicken Wrap *with cheese, red onion and sweet chilli, served with salad and chips* €7.95

Spiced Lamb Blaa *with fresh rocket and spicy mayo, salad and chips* €7.95

Sweet Chilli Chicken Salad *served with Moorings brown bread* €9.95

Goat's Cheese Salad *with pesto and mixed leaves* €9.95

Fresh Lemon Sole *in golden breadcrumbs with tartar sauce* €11.95

Tiger Prawns in Filo Pastry *with sweet chilli dipping sauce, salad & chips* €10.95

Carbonara Tagliatelle *topped with fresh parmesan, served with garlic bread* €10.95

Chicken Caesar Salad *served with chips or brown bread* €10.95

Moorings 3 in 1 Open Seafood Sandwich *on Moorings brown bread with crabmeat, smoked salmon and prawns, served with mixed leaf salad* €12.95

Sandwiches & Toasties (Gluten Free Bread Available)

Made with Barron's award-winning Cob Bread Or toasted Focaccia

Sandwich of your choice €5.25

Served with chips & salad €7.50

Served with a cup of soup €7.95

Served with a cup of chowder €9.95

Baked Ham *ham, cheese, red onion & Moorings relish*

B.L.T. *crispy bacon, lettuce, tomato & mayonnaise*

Roast Chicken & Stuffing *roast chicken, lettuce, mayonnaise & herb stuffing*

Cajun Chicken *Cajun chicken with lettuce, tomato & spicy mayonnaise*

Desserts

Hot Chocolate Fudge Cake €4.00

Banoffee Pie €4.00

Dessert of the Day: Baileys Tiramisu €3.00