



THE MOORINGS

STARTERS

Seasonal Soup Of The Day	€5.95
<i>Served with home baked brown bread</i>	
Moorings Seafood Chowder	€9.95
<i>Served with home baked brown bread</i>	
Glazed Chicken Wings	€8.50
<i>BBQ sauce or honey, sweet chilli & coriander</i>	
Chicken Caesar Salad	€7.95
<i>Chicken, garlic croutons & bacon</i>	
Cajun Spiced Chicken Salad	€7.95
<i>Served with grilled bread</i>	
Crab Claws	€15.95
<i>Sautéed in garlic butter with brown bread</i>	
Tiger Prawns	€10.95
<i>Sautéed in garlic & chilli butter with crusty bread</i>	
Golden Fried Squid Rings	€10.95
<i>Chilli & avocado dip</i>	
Ciabatta Bread	€6.95
<i>Buffalo mozzarella, pesto & sundried tomatoes (V)</i>	
Garlic Mushrooms	€7.95
<i>Mushrooms tossed in garlic & herb butter on Barron's toasted bread with fresh rocket (V)</i>	
Chilli Beef Nachos	€8.50
<i>Cheese, Sour cream & guacamole</i>	

FROM THE SEA



Fresh Lemon Sole	€17.95
<i>Fresh lemon sole in golden bread crumbs with chips, mushy peas, tartar sauce & a wedge of lemon</i>	
Fresh Salmon & Prawns	€26.95
<i>Spinach, white wine & dill cream sauce served with two of the following, chips, potato, salad, vegetables</i>	
Moorings Seafood Platter	€17.95(1) €34.95(2pppl)
<i>Squid rings, garlic tiger prawns & crab claws with chips or brown bread</i>	
Crab Claws	€26.95
<i>Tossed in garlic butter with brown bread</i>	
Moorings Seafood Pie	€17.95
<i>Fresh & smoked fish topped with a lemon, white wine & dill cream sauce & a garlic herb crumb served with chips & salad</i>	

SALADS



Chicken Caesar Salad	€14.95
<i>Garlic croutons & bacon served with chips or brown bread</i>	
Cajun Spiced Chicken Salad	€14.95
<i>Marinated chicken strips with cajun sauce on a mixed salad served with chips or brown bread</i>	
Smoked Salmon Salad	€15.95
<i>Served with a cup of chowder and brown bread</i>	
Moorings 3 in 1	€16.95
<i>Crabmeat, prawns & smoked salmon with marie rose and house brown bread</i>	

SIDE ORDERS

Chips	€2.50
Flatbread	€2.50
Coleslaw	€1.50
Garlic Bread	€2.50
Tossed Salad	€2.50

FROM THE GRILL



Sirloin Steak	10oz €25.95
<i>Sautéed onions and garlic butter OR peppercorn sauce served with chips or potato & a choice of salad or vegetables</i>	
Surf N Turf	10oz €28.95
<i>Sirloin steak, char grilled with onions & topped with fresh garlic prawns, served with chips or potato & a choice of salad or vegetables</i>	
Quarter Pound Beef Burgers Traditional	€15.95
<i>Bacon, cheese & onion in a bun with chips & coleslaw</i>	
Mexican	€15.95
<i>Salsa, sour cream jalapeño & guacamole in a bun with chips & coleslaw</i>	
Smoky	€15.95
<i>BBQ sauce, bacon & melted cheese in a bun with chips & coleslaw</i>	
Peppercorn	€15.95
<i>Sautéed onions & peppercorn sauce with chips & coleslaw</i>	
Chicken Fillet Burgers Cajun	€15.95
<i>Topped with melted cheese & Cajun sauce in a bun with chips & coleslaw</i>	
BBQ	€15.95
<i>Topped with bacon, cheese & BBQ sauce in a bun with chips & coleslaw</i>	
Mexican	€15.95
<i>Salsa, sour cream, jalapeño & guacamole in a bun with chips & coleslaw</i>	
All above available with no bun	€15.95
<i>Served with chips & coleslaw</i>	
Southern Fried Chicken Goujons	€14.95
<i>Served with chips & coleslaw with a choice of garlic mayonnaise, spicy taco sauce or BBQ sauce</i>	
Chilli Beef	€14.95
<ul style="list-style-type: none"> • With Nachos, sour cream & guacamole • With fries, melted cheese & taco sauce • With rice, salsa, sour cream, guacamole 	
Grilled Chicken Fillet	€16.95
<i>With bacon & mushroom cream sauce OR peppercorn sauce (Served with 2 of the following, chips, potato, salad or vegetables.)</i>	
Sweet Potato, Pepper & Coconut Curry	€14.95
<i>With basmati rice & flatbread</i>	
Add Chicken	€15.95
Add Prawns	€17.95

PASTA



Please choose Spaghetti or Tagliatelle	
Carbonara	€14.95
<i>Bacon, mushrooms, cream & parmesan</i>	
Add Chicken	€15.95
Crab, Prawn & Chorizo	€17.95
<i>Crab meat, prawns, chorizo, chilli & garlic oil, fresh parsley & parmesan</i>	
Tomato & Pesto	€12.95
<i>Tomato and fresh basil pesto topped with fresh rocket & parmesan</i>	
Add Garlic & Chilli Prawns	€16.95
Add Chicken	€14.95
Add Chorizo	€14.95
Smoked Salmon	€15.95
<i>Smoked Salmon fresh spinach, white wine & dill cream sauce with parmesan</i>	
All served with Garlic Ciabatta Bread	

DESSERTS

Sticky Toffee Pudding	€6.50
<i>With whipped cream & sweet toffee sauce</i>	
Bread & Butter Pudding	€6.50
<i>Old style bread and butter pudding & fresh egg custard</i>	
Chocolate Liqueur Pot	€6.50
<i>Decadent whipped chocolate with Local Muldoons whiskey liqueur</i>	
Apple & Cinnamon Crumble	€6.50
<i>Seasonal stewed apple with cinnamon & biscuit crumble with Moorings custard</i>	
Meringue with Lemon Curd	€6.50
<i>Crumbled meringue with cream, lemon curd & raspberry coulis</i>	
Profiteroles	€6.50
<i>With caramel sauce & whipped cream</i>	
Hot Chocolate Fudge Cake	€6.50
<i>Served warm with melted chocolate, cream or ice cream</i>	

GLUTEN FREE

STARTERS

Cajun Spiced Chicken Salad	€7.95
<i>Served with grilled bread</i>	
Garlic Mushrooms	€7.95
<i>Tossed in garlic & herb butter & fresh rocket on char grilled bread</i>	
Crab Claws	€15.95
<i>Sautéed in garlic butter with a mixed salad & grilled bread</i>	

Grilled gluten free bread is served with our dishes

MAIN COURSE

Grilled Chicken	€16.95
<i>Smoked Bacon & Mushroom Cream Sauce</i>	
Southern Fried Chicken Goujons	€14.95
<i>With garlic mayonnaise, BBQ sauce or spicy mayonnaise served with chips and salad</i>	
Sirloin Steak	10oz €25.95
<i>Sautéed onions and garlic butter OR peppercorn sauce served with chips or potato & a choice of salad or vegetables</i>	

Surf N Turf	10oz €28.95
<i>Sirloin steak, char grilled with onions & topped with fresh garlic prawns, served with chips or potato & a choice of salad or vegetables</i>	

Fresh Salmon & Prawns	€26.95
<i>Spinach, white wine & dill cream sauce</i>	

Above main courses are served with potatoes & vegetables or chips & salad

DESSERTS

Meringue with Lemon Curd	€6.50
<i>Crumbled meringue with cream, lemon curd & raspberry coulis</i>	
Chocolate Liqueur Pot	€6.50
<i>Decadent whipped chocolate & locally made with Muldoons whiskey liqueur</i>	

Winner of Best Place to Eat Dungarvan & Best customer service Chamber of Commerce Awards 2017

Winner of Best pub food in Ireland Irish Pub Global Awards 2017

Winner of Best Gastro Pub in Munster Restaurant Association Awards 2018

Winner of Best Chef Irish Pub Global Awards 2018

