



# THE MOORINGS

## STARTERS

**Seasonal Soup Of The Day** €4.95

**Moorings Seafood Chowder** €8.50

**Glazed Chicken Wings**

BBQ sauce or honey, sweet chilli & coriander €7.50

**Crab Claws**

Sautéed in garlic butter with brown bread €13.95

**Golden Fried Squid Rings** Chilli & avocado dip €9.95

**Ciabatta Bread**

Buffalo mozzarella, pesto & sundried tomatoes (V) €6.95

**Garlic Mushrooms**

Mushrooms tossed in garlic & herb butter on Barron's toasted bread with fresh rocket (V) €7.50

**Chilli Beef Nachos**

Cheese, Sour cream & guacamole €7.50

## FROM THE GRILL

**10oz Sirloin Steak**

Sautéed onions and a choice of garlic butter or peppercorn sauce served with chips & salad or vegetables €24.95

**Moorings Quarter Pound Beef Burger**

with bacon cheese and onions served in a bun with chips and salad €14.95

**Cajun Chicken Burger**

Topped with melted cheese & cajun sauce served in a bun with chips & salad €14.95

**Southern Fried Chicken Goujons**

with garlic mayonnaise, BBQ sauce or spicy mayonnaise served with chips and salad €14.95

**Chilli Beef Nachos**

Cheese, Sour cream & guacamole €14.95

**Basket of Chicken & Chips** €12.95 (2 ppl)

**Basket of Sausages & Chips** €10.95 (2 ppl)

**Basket of Chicken & Sausages with Chips** €14.95 (2 ppl)

## FROM THE SEA

**Helvic Fish N' Chips**

Fresh lemon sole in golden breadcrumbs with mushy peas and tartar sauce €16.95

**Fresh Fish of the day & Prawns**

Spinach, white wine & dill cream sauce (market price)

**Seafood Platter**

Squid rings, tiger prawns & garlic crab claws with chips or brown bread ...€16.95 (1)...€29.95 (2 ppl)

**Crab Claws**

Sautéed in garlic butter with brown bread €24.95

**Moorings Fish Pie**

Fresh and Smoked Fish topped with garlic & herb crumb €15.95

**Moorings 3 in 1**

Crabmeat, prawns & smoked salmon with marie rose and house brown bread €15.95

## PASTA

**Carbonara Tagliatelle**

with fresh parmesan and garlic bread €13.95

**Tomato and Pesto Tagliatelle**

with fresh rocket, parmesan and garlic bread €11.95

**Smoked Salmon Tagliatelle**

with fresh spinach in a white wine and dill cream sauce, served with garlic bread and parmesan €15.95

## SALAD'S

**Chicken Caesar Salad**

Garlic croutons & bacon served with chips or brown bread €13.95

**Cajun Spiced Chicken Salad**

marinated chicken strips with cajun sauce on a mixed salad served with chips €13.95

**Smoked Salmon Salad**

served with a cup of chowder and brown bread €15.95

## GLUTEN FREE SECTION

\*\*Grilled gluten free  
bread is served with our dishes\*\*

### **Cajun spiced chicken salad**

served with grilled bread  
(Starter) €6.95 (main) €14.95

### **Garlic Mushrooms**

tossed in garlic & herb butter & fresh rocket on  
char grilled bread (Starter) €7.50 (main) €14.95

### **Crab Claws**

sautéed in garlic butter with a mixed salad & grilled bread  
(Starter) €13.95 (main) €24.95

## MAIN COURSE

### **Grilled Chicken**

Smoked Bacon & Mushroom Cream Sauce €16.95

### **10oz Sirloin Steak**

Char Grilled 10oz Sirloin steak with sautéed  
onions & garlic butter €24.95

### **Fresh Fish of the day & Prawns**

spinach, white wine & dill cream sauce (market price)

Above main courses are served with potatoes  
& vegetables or chips & salad

## GLUTEN FREE DESSERTS

### **Meringue**

with summer fruits & whipped cream €6.50

**Chocolate & Orange Pot** €6.50

## DESSERTS

### **Hot Chocolate Fudge Cake**

Cream & chocolate sauce

### **Chocolate Liqueur Pot**

Decadent whipped chocolate & locally made  
Muldoons whiskey liqueur

### **Banoffee Pie**

Bananas, whipped cream, toffee & biscuit

### **Meringue**

with summer fruits & whipped cream

### **Fruit Tart**

Summer fruit & berry tart with a little crumble  
topping & Moorings custard

### **Profiteroles**

with whipped cream & hot caramel sauce

### **Cheesecake of the Day**

with cream & fruit coulis

all Desserts €6.50



# THE MOORINGS